

# ¡VIVA! NEWSLETTER



LATINA LEADER NETWORK OF CUESTA COLLEGE

SPRING 2020 EDITION

## APPLY NOW!!!

### LLN 2020-2021 Executive Board Positions

[CLICK HERE](#) to access the nomination form. A member may nominate him/herself to seek an E-Board position. Completed nominations forms must be submitted to Monica Contreras at [monica\\_contreras@cuesta.edu](mailto:monica_contreras@cuesta.edu) by June 5, 2020, for the following positions:

**President | Vice President | Tresurer | Secretary | Historian**

[LLN Executive Board Responsibilities](#)

## You are NOT alone!

LLN Members, students and community, this semester many of us have transitioned into remote working due to the COVID-19 pandemic. We understand it has not been an easy transition for all, but we are very proud of you for your hard work and dedication to our students and community during these difficult times. Please know that WE are ALL in this TOGETHER!

*\*\*\*Masks required while on campus\*\*\**

**Now more than ever, we need one another  
to help and protect one another.**



## Upcoming Events & Important Dates

- **LLN E-Board Nominations**  
End June 5, 2020
- **Wellness Workshop**  
May 20-21, 2019
- **Latinx Graduation Reception**  
December 18, following commencement
- **LLN Concerence**  
Postponed until further notice
- **OLA Camping Trip**  
Postponed until further notice

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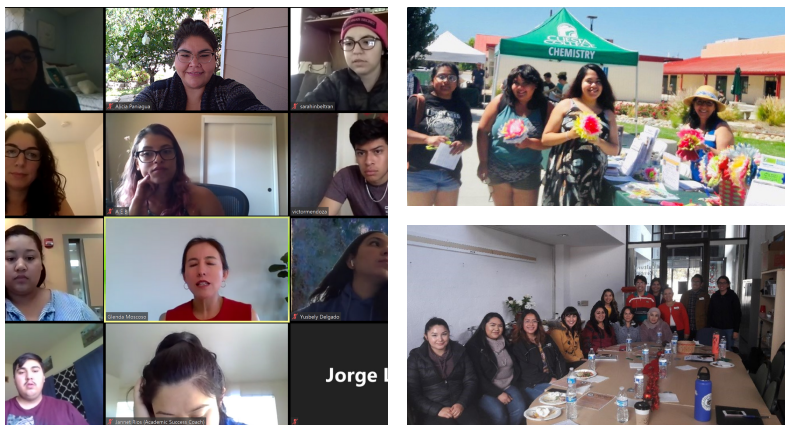


# LATINX STUDENT CLUBS SPOTLIGHT



## DREAMERS UNITED

Club meetings are now virtual. Thank you to Freddy Herrera and Ana Rodriguez for their leadership last year. Welcome and congratulations to Yusbely Delgado who is now the club President, Sarahi Beltran our new Vice-President and Jannet Rios for serving as our Co-Advisor! On the first meeting, students were introduced to key Cuesta College's Programs and Services to assure they feel supported. Presenters included: financial aid, Counseling, Career Center, Health Center, LLN and Student Success Coach.





## LATINO LEADERSHIP NETWORK

The LLN Student Club has had a great semester. They are focused on allowing students to network with others while learning the many different leadership roles. Students have lead fundraisers and look forward to attending the next Statewide LLN Conference!



# LATINX STUDENT CLUBS SPOTLIGHT

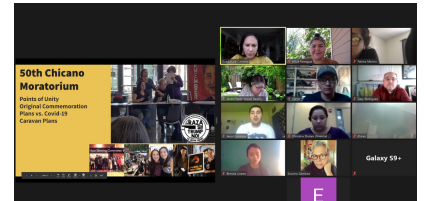


## M.E.Ch.A.

MEChA has been virtually meeting weekly with its members. They have been inviting guest speakers to talk about the Chicano Movement. In their most recent meeting they invited:

- Lupe Carrasco - Teacher, Activist, & Organizer
- Carlos Gallejos - Muralist, Activist Artist & Organizer
- Jorge "Corky" Rodriguez - Chicano Activist & Organizer

MEChistas have also been working on planning for Fall events.



## Teacher Pathways

# Teacher Pathways

The Future Teachers Club and our Peer Mentors are working to provide social and professional development opportunities to students through Zoom community wellness meetings and webinars. We are also focusing on collaboration with Cal Poly, SLO so that our students know of the opportunities in the community. Additionally, we are constantly tabling with the D-HSI grant to help promote the teaching profession to students who may be undecided about their future profession.



# LLN News

## COLEGAS Virtual Town Hall

On May 7th, several LLN members attended the Virtual Town Hall hosted by COLEGAS to discuss Latinx student success and implications of COVID-19 on our communities. Our very own leaders, Chancellor Eloy Ortiz Oakley, and Deputy Chancellor Daisy Gonzales, joined the meeting!

**Latinx Student Success & COVID-19 Virtual Town Hall** Thursday May 7 2:30 - 4 p.m.

Educational leaders from across California will address the needs of Latinx students in this pandemic period from an instructional and services perspective.

[tinyurl.com/ycxlmcvu](https://tinyurl.com/ycxlmcvu)

**Presenters**

- Dr. Cynthia Olivo**  
COLEGAS & CSSO Organization
- Dr. Angélica García**  
President of Berkeley City Collage
- Dr. Martha García**  
Superintendent-President of Imperial Valley College
- Dr. Mike Muñoz**  
Vice President, Student Services of Long Beach City Collage
- Dr. Mark Sanchez**  
Vice President, Student Services of Cuesta College
- Michele Siqueiros**  
President of Campaign for College Opportunity
- Dr. Michaela Mares Tamayo**  
Student Equity Director of Pasadena City College

**Chancellor Eloy Ortiz Oakley** **Deputy Chancellor Dr. Daisy Gonzales**

Artwork courtesy of Simon Silva

# Jesus Cendejas



CUESTA COLLEGE

## ASCC PRESIDENT



### *¡Felicidades!*

**Jesus Cendejas**, was recently nominated as Cuesta's Student Body President. He was born and raised in North County, Shandon, to a large Mexican-American family in a rural ranch. Second child of four, son of immigrants from Michoacan, Mx. He has been attending Cuesta College as a dual-enrollment and first generation college student since Junior year of high school and attended Reedley College and DeAnza College. He currently is a Bilingual Writer & Poet, Campaign Coordinator, and Bilingual Ed./Ethnic Studies Activist and as a Cuesta student involved in MEChA and Dreamer's United. Now Jesus is undertaking a new chapter in life as **ASCC President Elect/ Student Trustee 2020-21.**



## Free Legal Immigration Services



The Cuesta College Monarch Center and the United Farmworkers (UFW) Foundation are partnering to provide **FREE** immigration legal services to **ALL** students, staff and faculty.

### Services Include:

- DACA Renewals
- Naturalization Process
- Family Petitions
- Adjustment Status
- Visas - U, T, Special Immigrant Juvenile
- Immigration Consultations
- and MORE!

Virtual appointments available every 1st Wednesday & 3rd Tuesday of the Month!

To schedule an appointment:

<https://ufwlegalservicescollege.as.me/>

For questions contact Estella at:

[evazquez@cuesta.edu](mailto:evazquez@cuesta.edu)



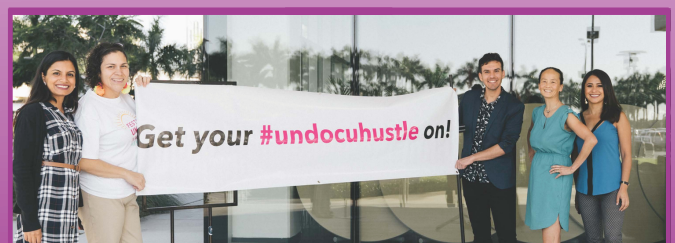
## Immigrants Rising Conference

LLN Members attended the Immigrants Rising Conference on bridging Financial Aid and Admissions with the Monarch Center to better serve our undocumented students.



## Developing an Entrepreneurial Mindset Virtual Training.

On April 16, students and LLN Members participated in the first virtual training where they learn that there is hope and resources available even if DACA is terminated. Training included seeing Entrepreneurialship an alternative for employment, Obtaining Professional Licenses, forms needed, legal considerations and Inspirational videos of successful undocumented students.





# LLN News



On May 12th, several students and LLN members attended the **KNOW YOUR RIGHTS & MEET YOUR ALLIES WORKSHOP** that was hosted by Cuesta's Monarch Center and the Santa Barbara Immigrant Legal Defense Center.



## Empower yourself by learning what your rights are!

### Presenters:

- SB Immigrant Legal Defense Center
- Cuesta College's Monarch Dream Center
- Allan Hancock College's Aim to Dream Center
- Central Coast Coalition for Undocumented Student Success

Zoom Meeting ID: 997-2647-8286

Password: 930789

For questions contact Estella at [evazquez@cuesta.edu](mailto:evazquez@cuesta.edu)

Participant learn about their rights in case ICE or other government agencies stops them or tries to arrest them or deport them. Additionally, students learned about what Cal Poly, Allan Hancock College, Cuesta College, Central Coast Coalition for Undocumented Student Success, IMPORTA and Santa Barbara Immigrant Legal Defense Center offers to support Undocumented students, families and community.

# Know Your Rights

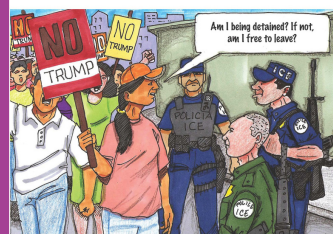
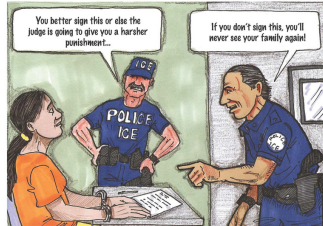
## KNOW YOUR RIGHTS

IF YOU HAVE ANY CONTACT WITH ICE OR THE POLICE—IN THE STREET, AT YOUR HOME, IN JAIL, AT WORK, OR WHILE DRIVING:

- **DO NOT ANSWER ANY QUESTION ABOUT YOUR IMMIGRATION STATUS**, even if you are arrested, are at work, at home or are driving.
- **DO NOT SIGN ANYTHING** without speaking to an attorney first, even if you are being detained or arrested.
- **NEVER PLEAD GUILTY TO ANY CRIMINAL CHARGE WITHOUT TALKING TO AN ATTORNEY** about how it could affect your immigration status.

### IF ICE COMES TO YOUR HOUSE:

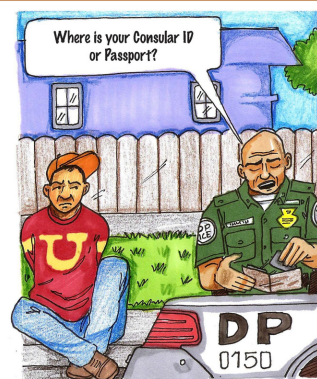
- **DO NOT OPEN THE DOOR.** Be aware: ICE may lie about who they are.
- Try to stay calm and do not lie. Just say "I do not want to answer any questions," or "I am exercising my right to remain silent," but nothing else.
- If ICE enters your home **make sure to state that you do not consent to a search** of your person or your belongings.



### IF ICE STOPS YOU IN THE STREET OR A PUBLIC PLACE:

- Stay calm. Do not run! If it's possible and safe to do so, take photos, video, and/or notes of the encounter.
- Ask if you are being arrested or detained, but do not answer any of their questions.

- If they say you are not being arrested, ask if you are free to leave
- Do not carry any documents from the country where you were born. Do not carry your passport, birth certificate, or consular ID. Carry a local form of picture ID instead – a driver's license, school or work ID will do. Try to carry proof of your presence in the U.S. before February 2014 such as a phone, gas or electric bill. Do not carry any false documents.



### IF ICE ARRESTS OR DETAINS YOU OR A LOVED ONE:

- State that they want to speak to an attorney. **DO NOT ANSWER ANY QUESTIONS OR SIGN ANYTHING WITHOUT ONE!**

For more Know Your Rights Information: [ALTOTRUMP.COM](http://ALTOTRUMP.COM)

NOTE: The content of this handout does not constitute legal advice. Please consult an immigration attorney for legal advice.



# Upcoming Events



## Wellness Workshop en Español

Taller de Técnicas de Atención Plena, Meditación, & Control de Ansiedad.

Viernes, 15 de Mayo a las 11am

Via Zoom: <https://cccconfer.zoom.us/j/95117915450>

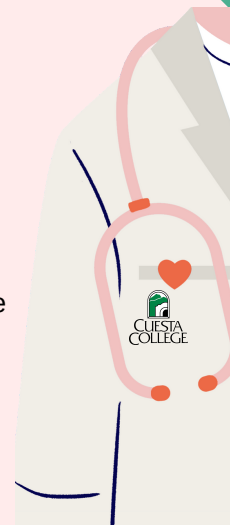
## Student Health Center

Due to COVID-19 and current shelter-in-place orders, the Cuesta College Health Center is operating under a remote model using telecommunication. Face-to-face meetings are not available at this time.

If you are feeling anxious or have questions related to your Health and/or Mental Well-being, call the Cuesta Health Center at (805) 546-3171 (SLO) or (805) 591-6200 ext. 4207 (NCC) or visit our web-page. Staff will be available to connect with students Monday through Friday by Zoom, phone and email:

[studenthealthcenter@cuesta.edu](mailto:studenthealthcenter@cuesta.edu)

Your health and wellness are important and connected to your ability to succeed as a student. Let's keep in touch and follow us on social media on Instagram/Facebook @cuestahealthcenter to get educational information, tips to be safe at home & mental-health support.



### M.E.Ch.A.



Join us via ZOOM in a Q&A with **Marvin Lemus**, co-creator, writer and executive producer of Netflix hit show, **GENTEFIED**, as he shares about his experience in the film industry.

**Open to ALL!**

**Wednesday, May 20, 2020  
12:00pm - 1:30pm**

**For questions, contact Janet Florez  
at 805.441.2865**

<https://cccconfer.zoom.us/j/54777522>

# Upcoming Events



## 33rd Annual Latina Leadership Network Statewide Conference

“Liderazgo con Corazon y Valor Closing the Equity Gaps.”

This conference has been postponed until further notice.

## 2020 OLA Camping Trip

This camping trip has been postponed until further notice.



# Save the Date!

## Latinx Graduation Reception



The Latinx Reception has been rescheduled for  
**December 18, 2020**  
following commencement.

*Note: this is NOT in lieu of the Cuesta graduation.*

If you have any questions, please contact:  
Jannet Rios at [jannet\\_riosleon@cuesta.edu](mailto:jannet_riosleon@cuesta.edu)  
or Alicia Paniagua at [alicia\\_paniagua@cuesta.edu](mailto:alicia_paniagua@cuesta.edu)





# Words of Encouragement

*just for you!*



LLN Cuesta College Chapter 2019-2020

When your mental health isn't in the best state, give yourself a break.  
Don't feel guilty for things you can't do.  
Know that it's okay to struggle.  
Rest, recover, be kind to yourself and know the bad times are temporary.  
May not seem like it now, but you will be okay.

-The Female Hustlers



**VUELA SIN MIEDO,  
MARIPOSA!**



*Mujer,*

Eres como las mariposas, tienes el poder de darte alas a ti misma.  
Tienes el poder de volar.  
Tus alas son fuertes.  
Cuentan nuestra historia.  
Tus alas contienen tu historia y tus sueños.

*You are like butterflies,  
you have the power to give yourself wings.  
You have the power to fly.  
Your wings are strong.  
They tell our story.  
Your wings contain your story and your dreams.*

-Brown Badass Bonita



LLN Cuesta College Chapter 2018-2019