

ADDICTION STUDIES, SOCIAL WORK, AND HUMAN SERVICES

ASSOCIATE DEGREE & CERTIFICATE PROGRAMS

2023-2024 CATALOG



DESCRIPTION

The Addiction Studies, Social Work, and Human Services Department offers a variety of Associates of Arts degrees within the Social and Applied Behavioral Sciences taught in a supportive community with emphases in practical application of research and theory. Degrees available include Addiction Treatment Studies AA, Social Work AA-T, and Human Services A.A.

The Addiction Treatment Studies Program offers an AA Degree or Certificate of Achievement that are available online. The program is designed to prepare students for careers in the growing field of drug and alcohol counseling. It fulfills the state requirements of for 315 hours of approved, "Alcohol & Other Drug" (AOD) specific education and 255 hours of supervised fieldwork. The Addiction Treatment Studies curriculum is registered with California Association of DUI Treatment Programs (CADTP) and California Consortium of Addiction Programs and Professionals (CCAPP).

The A.A. degree in Human Services is an interdisciplinary degree concentrating in psycho-social development across the life span, with special emphases on the family system, identity development, mental wellness, and the human services profession. As part of this degree, students choose an area of concentration that is also available as a Certificate of Achievement. Our degree presents more than an understanding of how compassion meets theory and praxis; it concomitantly offers the kind of personal enrichment that comes from supporting others improve their own lives. Our curriculum prepares students to transfer into a Baccalaureate program. Specifically, it is articulated with Southern New Hampshire University online Bachelor's Degree in Human Services, whereby students can transfer up to 90 units toward their bachelor's degree. It is also designed to benefit the student who wishes to pursue a paraprofessional career in human services, such as case management, behavioral and mental health worker, and crisis counseling.

DEGREES, CERTIFICATES & AWARDS

- Associate in Arts for Transfer (A.A.-T.)
- Associate in Arts (A.A.)
- Certificate of Achievement (C.A.)

CAREER OPPORTUNITIES

- Addiction Counselor
- Addiction Educator
- Behavioral Health Worker
- Case Manager
- Crisis Support Worker
- Mental Health Worker
- Parent Educator
- Parole/Probation Officer
- Paraprofessional Social Worker/
Social Work Aid

CONTACT

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For those students interested in transferring into the CSU system to complete a Baccalaureate degree in Social Work and Human Services or similar, our Department offers an Associates in Arts degree in Social Work and Human Services for Transfer degree (AA-T). This area of study emphasizes the application of behavioral sciences within a variety of cultural contexts. As a profession, Social Work and Human Services focuses on methods for supporting people from many diverse social groups to improve the quality of their lives.

ASSOCIATE DEGREE AND CERTIFICATE PROGRAMS

Students who complete an [Associate Degree for Transfer \(ADT\)](#) and transfer to a similar major at a CSU are guaranteed a pathway to finish their baccalaureate degrees in 60 semester or 90 quarter units. These degrees require students to meet both of the following requirements: (1) Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following: (A) The Intersegmental GE Transfer Curriculum (IGETC) or the California State University GE-Breadth Requirements (CSU GE-Breadth). (B) A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district. (2) Obtainment of a minimum grade point average of 2.0.

[An Associate Degree](#), depending on the focus of study, is designed to prepare students for transfer into upper division course work in a bachelor's degree program, or, to prepare students to enter the workforce in a particular vocational field. To qualify for an Associate's Degree, a student must: (1) complete each major-specific course required for the degree with at least a "C" grade or better, (2) complete all Cuesta College general education, graduation and residency requirements, and (3) achieve an overall grade point average of 2.0 for all courses attempted (major, general education, elective).

[A Certificate Program](#) is designed for students who desire specific training to meet an immediate occupational or personal goal, or for promotion or lateral transfer within their existing field of employment. To qualify for a Certificate of Achievement or a Certificate of Specialization, a student must 1) complete all courses required for the Certificate with an overall grade point average of 2.0.

TRANSFER PREPARATION

Courses that fulfill major requirements for an associate degree may differ from those needed to prepare to transfer. Students who plan to transfer to a four-year college or university should schedule an appointment with a Cuesta College counselor to develop a student education plan (SEP) before beginning their program.

TRANSFER RESOURCES:

CSU and UC Articulation Agreements and Majors Search Engine:

www.ASSIST.org

CSU System Information:

www2.calstate.edu

FINANCIAL AID

Paying for the cost of a college education requires a partnership among parents, students and the college. As the cost of higher education continues to rise we want you to know that Cuesta College offers a full array of financial aid programs—grants, work study, scholarships, federal loan programs, and fee waivers. These programs are available to both full-and part-time students who are seeking a degree or certificate. For those who qualify, financial aid is available to help with tuition, fees, books and supplies, food, housing, transportation, and childcare. Please log onto our website for additional information:

www.cuesta.edu/student/student-services/financial-aid

ASSOCIATE DEGREE FOR TRANSFER PROGRAM

Social Work/Human Services — Associate in Arts for Transfer

The Associates in Arts in Social Work and Human Services for Transfer degree (AA-T in Social Work and Human Services) is designed to prepare students for transfer into the CSU system to complete a baccalaureate degree in Social Work and Human Services or similar major. Social Work and Human Services is an applied behavioral science that emphasizes the application of behavioral science principles in a variety of cultural contexts. Social Work and Human Services students are expected to think critically and scientifically about behavior, to apply the principles of the behavioral sciences, and to understand the role of values in diverse cultural settings. As a profession, Social Work and Human Services focuses on methods for helping people from many different social groups to improve the quality of their lives.

Core Courses (23 to 24 credits)

ASHS 210. Introduction To Social Work And Human Services	3
ASHS 289. Human Services Seminar.	2
and	
ASHS 289B Fieldwork: Social Work /Human Services	2
SOC 201A Introduction To Sociology	3
PSYC 201. Introductory Psychology	3
MATH 247. Introduction To Statistics.	4
BIO 205 Human Anatomy.	4
or BIO 212. Human Biology.	(3)
ECON 201A. . . . Principles Of Macroeconomics	3
or ECON 201B . Principles Of Microeconomics.	(3)

List A. Select 2 courses from the following (6 credits). Students should choose courses that are the best fit for their desired CSU campus and major.

ASHS 212. Human Development: Life Span	3
CDFS 201. Child Growth And Development	3
CDFS 202. Child, Family And Community	3
ETHN 230 Introduction To Social Justice And Ethnic Studies.	3
HEED 206 Health Aspects Of Drug Use.	3
SOC 206 Introduction to Race and Ethnicity	3

Total Credits: 29 - 30

“P” (Pass) grade is acceptable for major coursework in the Associate Degrees for Transfer. In addition to major preparation course work listed above, completion of the CSU GE or IGETC pattern is mandatory. Courses completed for the major can also be double counted towards GE, where appropriate. See a counselor for details.

[Click Here For Program Student Learning Outcomes](#)

ASSOCIATE DEGREE PROGRAMS

Addiction Treatment Studies — Associate in Arts

This Associate of Arts Degree program is for students preparing for or advancing their careers in the growing field of drug and alcohol treatment and education. This program is registered with the California Consortium of Addiction Programs and Professionals (CCAPP).

Required Courses (28 Units)

ASHS 205	Life Management	3
ASHS 270	Intro To Addiction Studies: Addiction And The Community	3
ASHS 271	Group Process And Practice, Law And Ethics	3
ASHS 278	Families And Addiction	3
ASHS 279	Treatment And Case Management	3
ASHS 280	Interviewing And Counseling Skills, Law And Ethics	3
ASHS 289	Human Services Seminar	2
ASHS 289A . . .	Fieldwork: Addiction Studies	5
HEED 206	Health Aspects Of Drug Use	3
Total Credits:		28

[Click Here For Program Student Learning Outcomes](#)

Human Services — Associate in Arts

This degree is designed to benefit the student who wishes to gain employment in the fields of human services, social work, or addiction services as well as supporting students who wish to transfer to university in social or behavioral sciences. To earn an Associate Arts degree in Human Services, students must successfully complete 60 units which includes core courses in the major (6 units) plus an area of concentration (Addiction Studies Foundation, Parenting and Family Coach/Educator or Paraprofessional Counselor) which includes 13-15 units.

Students transferring to four-year colleges or universities are urged to include Psychology 201 and Sociology 201A as part of their General Education/Breadth requirements.

Required Courses (6 credits)

ASHS 212. . . .	Human Development: Life Span	3
ASHS 214. . . .	Family, Relationships And Intimacy	3

Complete one of the following three areas of concentration:

Addiction Studies Foundation concentration (15 credits)

ASHS 270. . . .	Intro To Addiction Studies: Addiction And The Community	3
ASHS 271. . . .	Group Process And Practice, Law And Ethics	3
ASHS 278. . . .	Families And Addiction	3
ASHS 279. . . .	Treatment and Case Management	3
HEED 206	Health Aspects Of Drug Use	3

Students who successfully complete the above courses will earn a Certificate of Achievement in Addiction Studies Foundation.

Parenting Education/Family Coach concentration (13 credits)

CDFS 202. Child, Family And Community	3
CDFS 217. The Study Of Parenting: Theory And Practice.	3
CDFS 289C Fieldwork: Foundations in Parenting Education.	1
ASHS 210. Introduction To Social Work And Human Services.	3
ASHS 278. Families And Addiction	3

Students who successfully complete the above courses will earn a Certificate of Achievement in Parenting Education/Family Coach.

Paraprofessional Counseling concentration (15 credits)

ASHS 210. Introduction To Social Work And Human Services.	3
ASHS 271. Group Process And Practice, Law And Ethics	3
ASHS 279. Treatment and Case Management.	3
ASHS 280. Interviewing And Counseling Skills, Law And Ethics.	3
ASHS 289. Human Services Seminar	2
ASHS 289D Fieldwork: Paraprofessional Counseling.	1

Students who successfully complete the above courses will earn a Certificate of Achievement in Paraprofessional Counseling.

Total Credits: 19 - 21

[Click Here For Program Student Learning Outcomes](#)

CERTIFICATE PROGRAMS

Addiction Treatment Studies — Certificate of Achievement

This Certificate of Achievement is for students preparing for or advancing their careers in the growing field of drug and alcohol treatment and education. This program is registered with the California Consortium of Addiction Programs and Professionals (CCAPP).

Required Courses (28 Units)

ASHS 205	Life Management	3
ASHS 270	Intro To Addiction Studies: Addiction And The Community	3
ASHS 271	Group Process And Practice, Law And Ethics	3
ASHS 278	Families And Addiction	3
ASHS 279	Treatment And Case Management	3
ASHS 280	Interviewing And Counseling Skills, Law And Ethics.	3
ASHS 289	Human Services Seminar	2
ASHS 289A . . .	Fieldwork: Addiction Studies	5
HEED 206	Health Aspects Of Drug Use.	3
Total Credits:		28

[Click Here For Program Student Learning Outcomes](#)

Addiction Studies Foundation — Certificate of Achievement

This certification of achievement serves as preparation and concentration for students who want to enter the fields of addiction studies, addiction education, human services, counseling, or social work.

Required Courses (15 credits)

ASHS 270.	Intro To Addiction Studies: Addiction And The Community	3
ASHS 271.	Group Process And Practice, Law And Ethics	3
ASHS 278.	Families And Addiction	3
ASHS 279.	Treatment And Case Management.	3
HEED 206	Health Aspects Of Drug Use.	3
Total Credits:		15

[Click Here For Program Student Learning Outcomes](#)

Paraprofessional Counseling Skills — Certificate of Achievement

This Certificate of Achievement prepares students for employment in paraprofessional counseling, crisis intervention services, and psycho-education group facilitation.

Required Courses (15 credits)

ASHS 210.	Introduction To Social Work And Human Services.	3
ASHS 271.	Group Process And Practice, Law And Ethics	3
ASHS 279.	Treatment And Case Management.	3
ASHS 280.	Interviewing And Counseling Skills, Law And Ethics.	3
ASHS 289.	Human Services Seminar	2
ASHS 289D	Fieldwork: Paraprofessional Counseling	1
Total Credits:		15

[Click Here For Program Student Learning Outcomes](#)

Parenting Education/Family Coach — Certificate of Achievement

This Certificate of Achievement prepares students for employment as a parenting or family coach/educator.

Required Courses (16 credits)

CDFS 202.	Child, Family And Community	3
CDFS 217.	The Study Of Parenting: Theory And Practice.	3
CDFS 289C	Fieldwork: Parenting Coach Education.	1
ASHS 210.	Introduction To Social Work And Human Services.	3
ASHS 214.	Family, Relationships And Intimacy	3
ASHS 278.	Families And Addiction	3
Total Credits:		16

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