



FALL 2022

OCTOBER FLEX

- All sessions will be held via Zoom and pre-registration is only required if specified. Zoom links are embedded in titles as well as provided with workshop descriptions.
- Please note that each session is tailored to: All Campus, Faculty, or Faculty/Classified Staff



Approved by the [Faculty Professional Development Committee](#) as student equity focused and qualifies as training required by AP7120.

MON, OCTOBER 10, 2022

9:00-10:00AM

Session 1: [Curriculum Review for Comprehensive Program Review \(Faculty\)](#)

10:15-11:15AM



Session 2: [Connect Students to Amazing Cuesta Support Services](#) (All Campus)

11:30am-12:30PM



Session 3: [The Best First Class Day Ever!](#) (Faculty)

12:30-1:00PM Lunch

1:00-2:30PM

Session 4: [Where Do We Go from Here? A Look into the Data Surrounding Student Mental Health from the Spring 2022 Healthy Minds Study \(HMS\) Survey](#) (All Campus)

2:30-2:45PM

Session 5: [eSentials of eLumen](#) (Faculty)

4:00-5:00pm

Session 6: [Humanizing Your Course](#) (Faculty)

TUE, OCTOBER 11, 2022

8:45-9:45AM

Session 7: [Tech Training: Design Tools](#) (Faculty)

10:00AM-12:00PM



Session 8: [Engaged Racial Allyship Learning Series Part 3: "Advancing Racial Justice in Solidarity with People of Color"](#) (All Campus)

12:00-12:30PM Lunch

12:30-2:00PM

Session 9: [CMC Community of Practice](#) (Faculty)

2:15-3:15PM



Session 10: [UndocuAlly - Join the Dream Movement!](#) (All Campus)

3:30-5:00PM

Session 11: [Student Equity Plan Feedback and Campus-Wide Discussion](#) (All Campus)

DAY 1: Monday, October 10, 2022

SESSION 1:

Curriculum Review for Comprehensive Program Review

Kelli Gottlieb (Faculty)

9:00-10:00AM

[Zoom](#)

This past spring, the Curriculum Review Document used during Comprehensive Program Review (CPPR, once every 4 or 5 years) was updated! This shorter session will be a how-to for using our new Curriculum Review Document and how it will be useful to keep accountable between CPPR cycles.

SESSION 2:

Connect Students to Amazing Cuesta Support Services

Co-Sponsored by Staff Professional Development Committee
Nicole Johnson, Corinna Stolp, Liana Rivera-Cardera, and Diane Limon (All Campus)

10:15-11:15AM

[Zoom](#)

Enhance knowledge of CaFE (EOPS/CARE, CalWORKs, Foster Youth) Services, and Student Health Services including Mental Health resources, in order to facilitate more frequent and effective handoff/referral. This training promotes equity by promoting access to student support resources and reducing barriers for students who may not utilize traditional resources on their own.

SESSION 3:

The Best First Class Day Ever!

Michael Kinter and Greg Baxley (Faculty)

11:30AM-12:30PM

[Zoom](#)

The first day of any course is arguably the most important day of the semester, especially when it comes to equity. Research has shown that students who feel welcome in a course perform better. This workshop will explore strategies that foster a sense of community and shared values in students, especially those who are unsure whether they "belong" in the course.

SESSION 4:

Where Do We Go from Here? A Look into the Data Surrounding Student Mental Health from the Spring 2022 Healthy Minds Study (HMS) Survey

Donna Howard and Nicole Johnson (All Campus)

12:00-1:15PM

[Zoom](#)

The Healthy Minds Network's annual web-based survey was administered to Cuesta students in the Spring of 2022. The study examined mental health, service utilization, climate for diversity and inclusion, and academic competition, persistence, and retention. In this session, we will look at the survey results and dive deeper into the collective strategies for improving the mental health of our campus, by asking ourselves, "Where do we go from here?"

SESSION 5:

eSentials of eLumen

Kelli Gottlieb (Faculty)

2:45-3:45PM

[Zoom](#)

Prepare for your SLO assessment data entry early with eSentials of eLumen! This session is a full-coverage eLumen training for faculty, including creating assessments in eLumen, entering data, and pulling reports.

SESSION #6:

Humanizing Your Course

Cynthia Wilshusen (Faculty)

4:00-5:00PM

[Zoom](#)

Interested in humanizing your course to increase retention and support student success? This flex session will present five tools that can be used to humanize your course whether you are teaching face-to-face or online.

DAY 2: Tuesday, October 12, 2022

SESSION 7:

Tech Training: Design Tools

Cynthia Wilshusen (Faculty)

8:45–9:45AM

[Zoom](#)

This training is designed for faculty, staff, and course designers seeking to create more engaging and aesthetically pleasing courses in Canvas. This workshop will show you how to launch Design Tools, adjust settings, use the built-in accessibility tools, apply themes and styles to your Canvas resources. More advanced topics to follow as mini workshops.

SESSION 8:

Engaged Racial Allyship Learning Series Part 3: "Advancing Racial Justice in Solidarity with People of Color"

Dr. John Pascarella (All Campus)

10:00AM–12:00PM

[Zoom](#)

In this session, Dr. John Pascarella will engage participants in a series of learning experiences that focus on advancing racial justice in solidarity with people of color on campus. This session aims to build awareness of how to speak up and take action to disrupt racial inequities, demonstrate care and cultivate relationships with people of color and intentionally build and sustain a community of racial allies working in solidarity with people of color to abolish racism. Recordings of Parts 1 and 2 of Dr. Pascarella's series, along with resources, are available [here](#).

SESSION 9:

CMC Community of Practice

Alex Espinoza-Kulick (Faculty)

12:30–2:00PM

[Zoom](#)

This session is designed for CMC instructors and those interested in teaching at CMC to discuss best practices teaching incarcerated students, strategies for addressing equity and inclusion, and emergent topics for teachers in preparing and delivering courses.

SESSION 10:

UndocuAlly – Join the Dream Movement!

Estella Vasquez, Andrea Echeverri, and Alicia Paniagua (All Campus)

2:15–3:15PM

[Zoom](#)

This presentation will convey the importance of serving our undocumented students and their families by educating and empowering Cuesta faculty and staff. Participants will gain knowledge of basic laws that provide access to education, will explore California legislation impacting undocumented immigrants, and will identify barriers undocumented students may face. Additionally, participants will learn more affirming practices to best support undocumented students and the resources available on our campus through the Monarch Center.

SESSION 11:

Student Equity Plan Feedback and Campus-Wide Discussion

Mario Espinoza-Kulick (All Campus)

3:30–5:00PM

[Zoom](#)

All members of the campus community are welcome to participate in this discussion of the draft Student Equity Plan for 2022-2025. Participants will have an opportunity to review the current draft SEP, ask questions, and provide feedback. This interactive and collaborative process is designed to complement the collection of feedback through shared governance. Participants are encouraged to discuss concrete action steps that can be included in the Plan before it is submitted for Board approval.

UPCOMING PROFESSIONAL DEVELOPMENT OPPORTUNITIES:

CVC Online Course Accessibility Webinar Series:

CVC's @ONE team is preparing a webinar series to help instructors and support personnel become more effective at creating and delivering accessible online courses. The first in this series will be offered on Wednesday, Oct. 12, from 2 - 3 pm.

[Universal Design for Learning & Statewide Resources](#)

- Part 1 presented by Jared Stein, Instructure
- Part 2 presented by Dawn Okinaka, CCC Accessibility Center

You can learn more and register at the link above.

Flex Flicks:

THURSDAYS, OCT 20, NOV 17, AND DEC 8 AT 6:00PM

For those of you who like movies, please consider joining moderators Sean Boling and Steve Leone online for this semester's FLEX Flicks series. This semester we are presenting a series dedicated to the best of **21st Century Neo Noir**—shadowy detective and suspense stories in full color. Days and times are for the post-film Zoom discussions; click on film title for Zoom link.

- [Oct. 20: I Saw the Devil \(2010\)](#) Dir. Kim Jee-Woon. A dangerous psychopath's latest victim is the pregnant fiancée of elite special agent Soo-hyun. Obsessed with revenge, Soo-hyun is determined to track down the murderer, even if doing so means becoming a monster himself. Official Selection at the Sundance Film Festival and Toronto International Film Festival. #7 in MUBI's 50 Best Neo Noir Films of All Time. [Kanopy](#) / [Hoopla](#)
- [Nov. 17: Tell No One \(2006\)](#) Dir. Guillaume Canet. Alexandre Beck still grieves the murder of his beloved wife Margot Beck eight years earlier. When two bodies are found near the scene of the crime, the police reopen the case and Alex becomes a suspect again. The mystery deepens when Alex receives an anonymous e-mail with a link to a video clip that seems to suggest Margot is somehow still alive and a message to "Tell No One." #8 in BFI's Sight and Sound list of the Best 21st Century Neo Noir. [Kanopy](#) / [Plex](#) / [Amazon Prime Video](#)
- [Dec. 8: Nocturnal Animals \(2016\)](#) Dir. Tom Ford. Susan Morrow (Amy Adams) receives a book manuscript from her ex-husband Edward Sheffield (Jake Gyllenhaal) – a man she left 20 years earlier – asking for her opinion of his writing. As she reads, she is drawn into the fictional life of Tony Hastings, a mathematics professor whose family vacation turns violent. [Netflix](#)

FLEX Credit: 3 hours per film and film discussion