

## Mental Health Services (Prop 63)

### Budget

- \$300,000

### Funding Source

- California Community Colleges Chancellor's Office (CCCCO)

### Contacts

- Project Director: Nicole Johnson
- Grant Coordinator: Janine Medina
- Budget Analyst: Jennifer Madrid

### Timeline

- 05/01/2020-12/31/2022

### Summary of Activities

- Develop partnerships between the district/college and the county behavioral health department and other community partners to address mental health needs of students. Provide linkages to services from the appropriate on or off-campus mental health provider.
- Implemented universal screenings for students to improve access and connect students to appropriate services and supports.
- Ensure that underserved and vulnerable student populations receive culturally competent mental health services (including referral services).
- Reduce racial disparities in access to mental health services and training.
- Develop and implement campus-based stigma reduction activities.
- Implement education and training to faculty, staff, and students on early identification, intervention, and referral of students with mental health needs.

### Highlights & Accomplishments

- Strengthened referral pathways to county services for individuals with complex behavioral health needs.
- Provided on-campus enrollment support to students with low income who may be eligible for benefits and county services.
- Screened 2,100 students for mental health services and connected them with appropriate resources, with funding support for screening kiosks.
- Directly supported students with Autism and other mental health disorders with a PT Academic Support Specialist creating greater access to information, services, and accommodations.
- 384 students received mental health therapy with licensed staff at the student health center
- Completed 75 stigma reducing and stress reduction events or trainings, with a total of 300 faculty/staff participants and 3,000 student participants. Some of the trainings included Safe Zone, QPR, Mental Health First Aid, and integrating culturally appropriate mental health outreach.

